

**Faculty of Music  
University of Toronto**

## **CUPE Local 3902 Unit 3 Job Posting**

**Posting Date:** June 6, 2024

**Course Number and Name:** SMU200H1 Healthy Practices for Healthy Musicians

**Course Description:** This course introduces students to the field of musicians' health through a blend of physical practices and theoretical discussions. Each class includes a yoga-based movement practice and a discussion of relevant concepts including basic anatomy for musicians, motor learning techniques, and strategies for addressing performance anxiety and achieving peak performance. Students will leave the course with a repertoire of stretches and exercises to counterbalance strains associated with playing their instruments, strategies to make effective use of practice time, and an awareness of available health resources in the community and online.

**Class Schedule:** Tuesdays 5-7pm in the Fall term  
September to December 2024

**Salary:** \$9,457.90

**Estimated Course Enrollment:** 20

**TA support:** none

**Qualifications:** Doctoral degree in music performance with research focus in healthy practices for music performance. Demonstrated excellence teaching music performance health and injury prevention at the university level.

**Duties:** Define course objectives; prepare course materials; provide clear guidelines on course requirements and regulations; teach classes as scheduled; administer and evaluate student assignments; prepare and submit final grade in accordance with policy. Maintain reasonable hours of student consultation outside scheduled class hours.

**Closing Date:** June 28, 2024

A complete application includes your responses to the application form and a copy of your most current Curriculum Vitae; [click here to apply](#).

Professor Robin Elliott  
Acting Associate Dean, Academic & Student Affairs  
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University of Toronto  
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*This job is posted in accordance with the CUPE 3902 Unit 3 Collective Agreement. It is understood that some announcements of vacancies are tentative, pending final course determinations and enrolment. Should rates stipulated in the collective agreement vary from rates stated in this posting, the rates stated in the collective agreement shall prevail.*